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Levine, P. (2010). In an  
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That memory is often  
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symptomatology of  
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Rothschild's (2000) new book "The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment" (published by W.W. Norton). In this book Babette does a wonderful job of explaining complex psychobiological processes in easy to understand, digestible bites.

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